



FirstWatch® Regional Influenza Update

According to the CDC, at the end of Week 47 (11/24/12) report of influenza activity in the United States are increasing, with influenza levels considered “widespread” in four states; “regional” in seven; nineteen with “local”; with the remaining states reporting sporadic (18 states plus Washington, D.C.) or no activity. One state and a few territories did not report.

The percentage of positive influenza specimens has increased. Of the 5,342 specimens tested for influenza last week, a national average of 15.2% tested positive for influenza. Many regions are now reporting flu in double digit percentages: with highest percentage for flu (20.6%) was Region 5 (IL, IN, MI, MN, OP, WI), Region 4 (AL, FL, GA, KY, MS, NC, SC, TN) next with at 18.9%, Region 7 (IA, KS, MO, NE) which reported 17.1% positive; and Region 10 (AK, ID, WA, OR) at 16.0%. All regions report some activity with Region 3 (DE, DC, MD, PA, VA, WV) at the lowest with 3.8%. A breakdown of specimens resulted in 812 that tested positive for influenza; 70.3% for influenza A and 29.7% for influenza B (an increase in influenza A and a decrease in influenza B). Those testing positive for influenza A include 34.9% which tested as H3, the same 65.0% with no subtyping done, and 0.2% as 2009 H1N1.

There was one report of a novel influenza A virus (H3N2v) from Iowa, the first case reported since Sept 28, 2012

Outpatient sampling for ILI (influenza-like illness) was 2.2%, which is equal to the national baseline of 2.2%.

For more detailed statistics, including influenza updates by Region and State see:

<http://www.cdc.gov/flu/weekly/>

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