



## FirstWatch® Regional Influenza Update

According to the CDC, at the end of Week 49 (12/8/12) report of influenza activity in the United States was elevated, with influenza levels considered “widespread” in eighteen states; “regional” in seventeen; eleven states and Wash., D.C. with “local”; the remaining states reporting sporadic (four states and Guam). Puerto Rico and the US Virgin Islands did not report. There were NO states that reported "no activity".

The percentage of positive influenza specimens has increased. Of the 7,663 specimens tested for influenza last week, a national average of 28.3% tested positive for influenza. All but one region are now reporting flu in double digit percentages: with the highest percentage for flu (47.3%) was Region 5 (IL, IN, MI, MN, OH, WI), Region 4 (AL, FL, GA, KY, MS, NC, SC, TN) next with at 28.4%, Region 7 (IA, KS, MO, NE) which reported 24.3% positive; Region 3 with 24% (DE, DC, MD, PA, VA, WV) and Region 10 (AK, ID, WA, OR) at 22.9%. Most of these same regions were in the same order (starting with the highest) as last week. All regions report some flu activity with Region 9 (AZ, CA, Guam, HI, NV) at the lowest with 7.9%.

A breakdown of specimens resulted in (28.3%) 2,172 that tested positive for influenza; 76.2% for influenza A and 23.8% for influenza B. Those testing positive for influenza A include 47.8% which tested as H3, 51.4% with no subtyping done, and 0.8% as 2009 H1N1.

There was one reports of a H3N2 variant influenza from Minnesota. The case had contact with swine and has fully recovered;

There was one pediatric influenza-related death (Influenza B); adult pneumonia and mortality is below the national baseline.

Outpatient sampling for ILI (influenza-like illness) was 2.8%, which is higher than the national baseline of 2.2% and higher than last week.

**For more detailed statistics, including influenza updates by Region and State see:**

<http://www.cdc.gov/flu/weekly/>

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