



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada



COVID-19 Webinar

A National Conversation: Part 3

We're taking a virtual role call today for those on the WebEx.
If you're viewing this in a group, please use the "Chat" window
on the right to enter your:

Name, **Agency Name**, and **# of people** joining from your location.

Please send chat messages to "All Panelists"

In association with

**FIRST
WATCH**

Helping the Helpers

Please mute your phone

- All attendees are automatically muted by WebEx, but **we recommend muting your phone on your end**, as sometimes we unmute everyone on the WebEx side to anyone who wants to speak, and if you have background noise it will limit everyone's ability to share.

Thank You!



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

Facilitator:



Kyle Sereda

Chief

Moose Jaw & District EMS

ksereda@moosejawems.ca

In association with



Guest Speakers:



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada



Tyrell T. Morris

Executive Director,
Orleans Parish
Communication District

tmorris@911nola.org



Terry Peterson

Deputy Director,
Snohomish County
911

tpeterson@sno911.org



Greg Scott

CBRN Committee Chairperson
Operations Research Analyst
International Academies of
Emergency Dispatch (IAED)

greg.scott@emergencydispatch.org

Paramedic Chiefs of Canada COVID-19 “Coronavirus” International Teleconference



Cisco WebEx Training Center - How to ask a question using the WebEx system

File Edit Share View Audio Participant Session Breakout Help

Quick Start Session Info Questions

01: Questions/Comr

Click the hand icon to virtually “raise” your hand and ask a question.

Questions/Comments?

You can also use the chat box to send your questions to any of the groups provided in the dropdown list.

Participants

Speaking:

Panelist: 1

Katelyn Gilligan (Host, me)

Attendee: 0

Make Presenter Audio

Chat

Send to: Host, Presenter & Panelists

Select a p: Host, Presenter, Host & Presenter, Host, Presenter & Panelists

Send

Full Screen 96% View

Cisco WebEx Session No. 801 291 332

Please mute your phone

- All attendees are automatically muted by WebEx, but **we recommend muting your phone on your end**, as sometimes we unmute everyone on the WebEx side to anyone who wants to speak, and if you have background noise it will limit everyone's ability to share.

Thank You!



Agenda:

- ▶ Purpose & Rules of Engagement
- ▶ COVID-19 Situation Update
- ▶ Guest Speaker Discussion of Protocol 36 Implementation
- ▶ Cross-Canada Quick Check-in (if time allows)
- ▶ Q&A (if time allows)



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

Purpose of these gatherings:

- Update on COVID-19 situation
- Receive FirstWatch SitRep on COVID-19 surveillance activity
- Listen to guest speakers on select issues
- Share solutions regarding specific challenges posed by COVID-19



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

Rules of Engagement

- ▶ Session will conclude after 60 minutes
- ▶ Session materials can be sent to eid@ParamedicChiefs.ca for posting on Paramedic Chiefs of Canada website
- ▶ Please keep your comments brief



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

COVID-19 Situation Update



Silvia Verdugo, MD, MPH

Medical Director

FirstWatch

sverdugo@firstwatch.net

COVID-19 Situation Update



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

COVID- 19 Cases

1,353,361

73,639 (24 hrs)

Deaths

79,235

5,695 (24 hrs)

SITUATION IN NUMBERS

total (new) cases in last 24 hours

European Region

720 219 confirmed (33 881)

57 639 deaths (4904)

Region of the Americas

417 416 confirmed (33 174)

12 597 deaths (1500)

Western Pacific Region

114 667 confirmed (1026)

3922 deaths (30)

Eastern Mediterranean Region

81 993 confirmed (3428)

4314 deaths (165)

South-East Asia Region

10 707 confirmed (1575)

426 deaths (64)

African Region

7647 confirmed (555)

326 deaths (32)

<https://www.who.int/docs/>

<https://www.worldometers.info/coronavirus/#countries>

COVID-19 Situation Update



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada



Pam Farber, RN, EMT-P

Public Health Advisor

FirstWatch

pfarber@firstwatch.net

Minimize Exposure



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

Consider **everything** contaminated unless you disinfected it recently or no one has been there: clothes, surfaces, common touch items, arms...

When possible, shower & change clothes @ work

Wash work clothes only with an additive in warmest water

Remember to clean car seats, steering wheel, shift knob, handles, pedal & “gear” area & any thing touched

Immune Response



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

Sleep regularly even if you have to give up something else. Go for 7–8 hours; nap prn

Eat Well – including fruits & vegetables if pre-diabetic/diabetic keep blood sugar in check

Consult your PCP or Medical Director before adding supplements or medications – zinc ?

Get fresh air & activity. Have fun!

If someone @ home is @ risk – consider alternate plan

STAYING HEALTHY - BODY



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

Dose – how much virus is needed for illness

Minimize (avoid) exposure in all possible ways – on & off duty; Be mindful & have a plan

Public Safety & HCWs are at ↑ risk due to repeat or continuous exposure

Keep your immune response at a high level

Monitor closely for signs of illness

STAYING HEALTHY - MIND



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

Leave work at work. Don't work too much

Do everything to avoid exposure – But Live!

Find your way to defuse – Don't bottle it up

Exercise, R & R, Consider Meditation/Mindfulness

Stress is normal – Manage it – Keep Perspective

If you have warning signs: not sleeping/ ↑ dreams
& anxiety, anger, body signs, etc. – Get Help Stat

Resources will be posted on PCC post & HIP



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

FirstWatch SitRep:

Todd Stout



- All working remote
- Volume down for many agencies

Cell: 858-395-1728
tstout@firstwatch.net

Sign up for information and
notifications at

www.firstwatch.net/hi

**Chefs Paramédics
du Canada**

- 150+ triggers for symptoms & keywords
- 31 in progress
- Using CAD, ProQA, ePCR data
- 70% customized for local needs

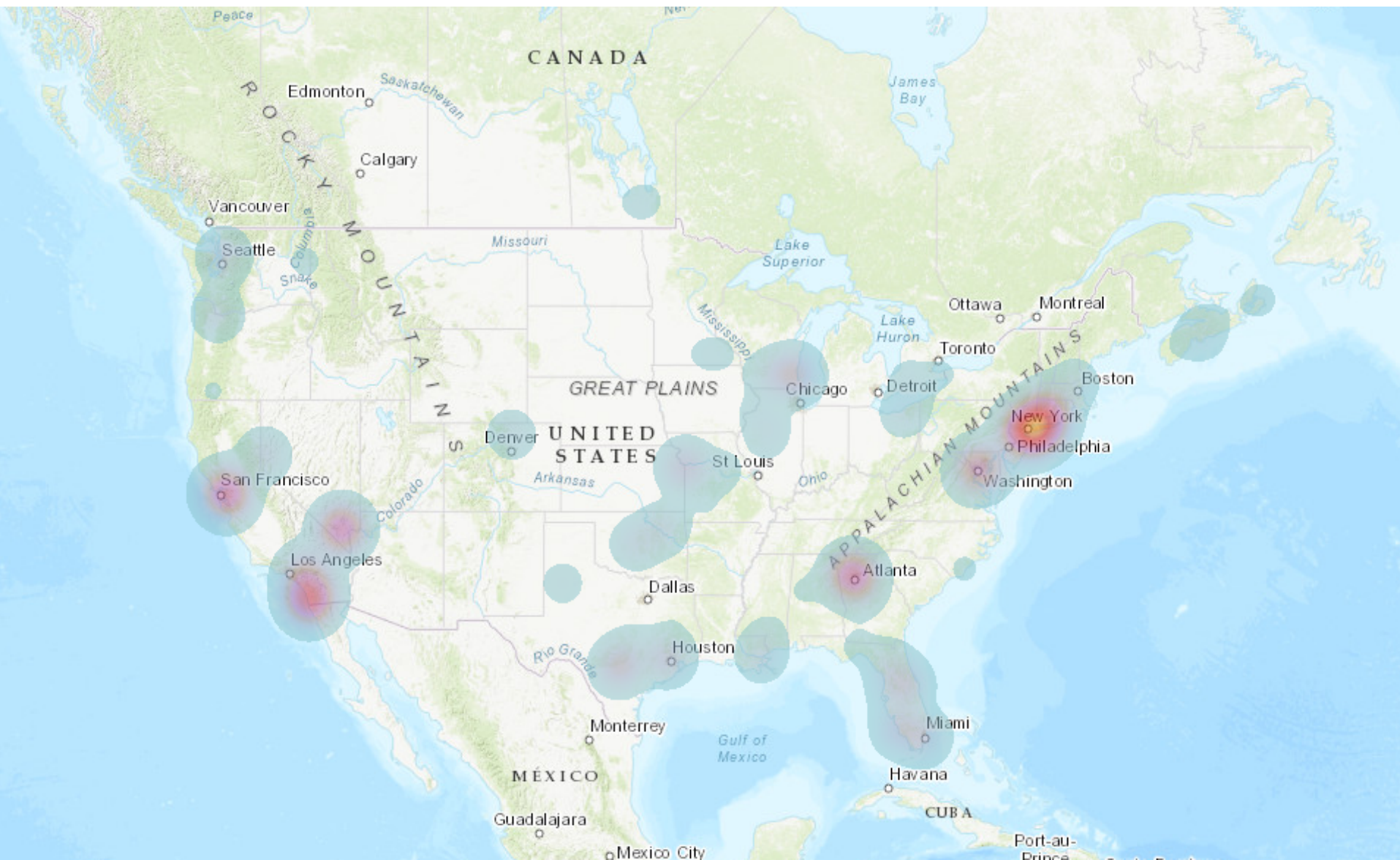


COVID-19 Surveillance



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada



No significant increase



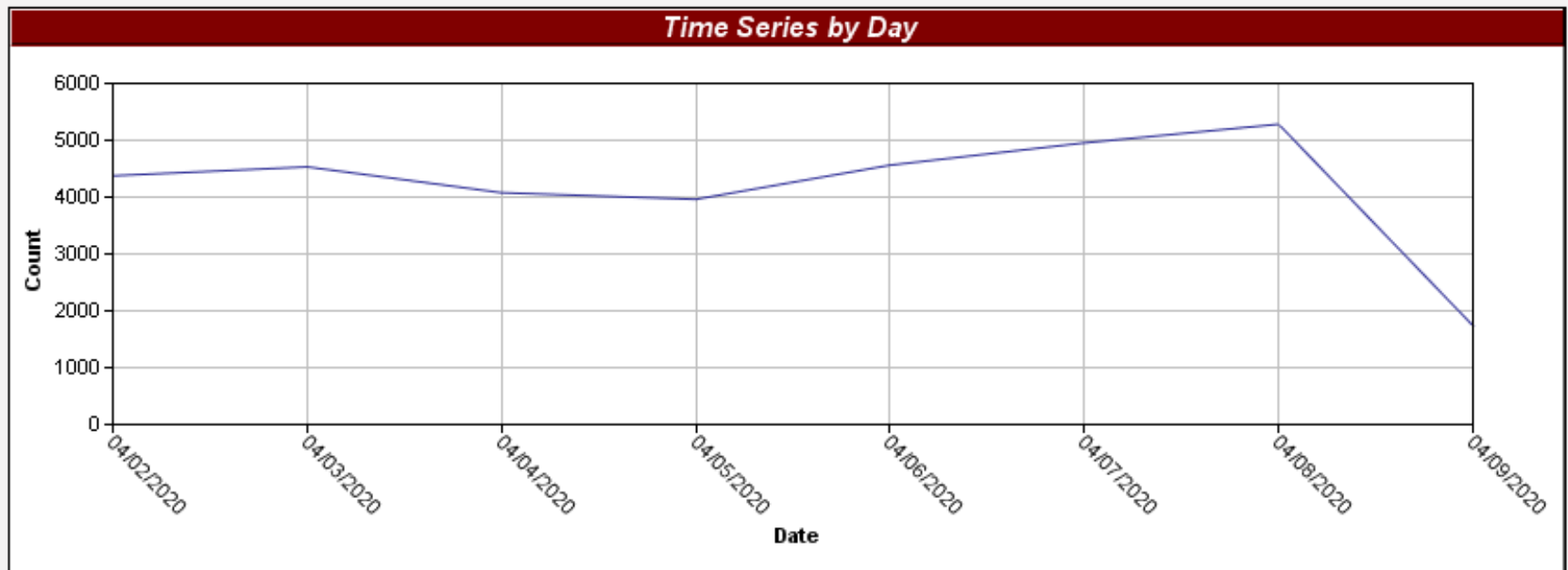
Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

- ▶ Since last week's PCC COVID-19 webinar

FirstWatch Covid-19 Combo Time Series

Graphs represent in queue, active or completed calls between the hours of 4/2/2020 and 4/9/2020 11:59:59 PM



Please mute your phone

- All attendees are automatically muted by WebEx, but **we recommend muting your phone on your end**, as sometimes we unmute everyone on the WebEx side to anyone who wants to speak, and if you have background noise it will limit everyone's ability to share.

Thank You!

National Conversation Facilitator:



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada



Darren Sandbeck, M.A, ACP, CHE
Senior Provincial Director
& Chief Paramedic

Alberta Health Services Emergency
Medical Services

Darren.Sandbeck@albertahealthservices.ca

Guest Speakers:



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada



Tyrell T. Morris

Executive Director,
Orleans Parish
Communication District

tmorris@911nola.org



Terry Peterson

Deputy Director,
Snohomish County
911

tpeterson@sno911.org



Greg Scott

CBRN Committee Chairperson
Operations Research Analyst
International Academies of
Emergency Dispatch (IAED)

greg.scott@emergencydispatch.org

- ▶ PDF for centers that don't use ProQA software
- ▶ https://cdn.emergencydispatch.org/iaed/pdf/NAE-Protocol-36-Flu-v13_3.pdf

36 PANDEMIC / EPIDEMIC / OUTBREAK (SURVEILLANCE OR TRIAGE)	
KEY QUESTIONS 1. What is the most prominent complaint? (Difficulty breathing) a. Does s/he have difficulty speaking between breaths? (No) Describe to me what her/his breathing is like. b. (INEFFECTIVE or DSBB) Did s/he have any flu-like symptoms prior to this? Yes & INEFFECTIVE _____ Yes & DSBB _____ No _____ (Chest pain ≥ 35) a. Has s/he ever had a heart attack or angina (heart pains)? Yes _____ 2. Is s/he completely alert (responding appropriately)? 3. (Not 1st party) Is s/he changing color? a. (Yes) Describe the color change. 4. Is s/he having chills or sweats? Yes & chest pain/discomfort ≥ 35 _____ 5. (Not COVID-19) Is s/he vomiting? Yes & chest pain/discomfort ≥ 35 _____ 6. Does s/he have a new cough that recently started? 7. Does s/he have a sore throat? 8. Does s/he have muscle or body aches? 9. Does s/he have a fever (hot to touch in room temperature)? 10. Does s/he have a runny or stuffy nose? 11. (Not COVID-19) Does s/he have diarrhea? * see Rule 2 12. Does s/he have fatigue or weakness? 13. (Not COVID-19) Does s/he have a headache? a. (Yes & no other flu-like symptoms) Was there a sudden onset of severe pain? Yes _____	KEY QUESTIONS (continued) 14. Does s/he have any HIGH RISK conditions? No flu-like symptoms in KQ 4-13 _____ CC POST-DISPATCH INSTRUCTIONS a. (If regular dispatch) I'm sending the paramedics (ambulance) to help you now. Stay on the line and I'll tell you exactly what to do next. b. (If reduced/limited dispatch) I'm arranging care for you now. An ambulance (or Care Van) will come to check you when they are available. This might take (several hours). c. (No EMS response/Home quarantine instructions) Due to the extent of the epidemic, your condition requires that you remain at home and avoid close contact with others. A healthcare professional/specialist will (contact you soon to) give you further instructions. (Connect to a specialist if available.) d. (No EMS response and alternative treatment site available) Since the hospitals are currently full and only accepting critically ill patients, I'm going to give you the address/location of the nearest treatment center. (Follow local instructions.) Do you have transportation to get there? (If no, follow local instructions.) e. (Patient medication requested and Alert) Remind her/him to do what her/his doctor has instructed for these situations. f. (≥ 1 + DELTA) If there is a defibrillator (AED) available, send someone to get it now in case we need it later. DLS * Link to ☎ X-1 unless: INEFFECTIVE BREATHING and Unconscious — ABC-1



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

COVID-19

A National EMS Conversation

► Agenda

- Provincial Reports (Quick Snappers – 60 secs timed)
 - Name, Organization, Province
 - Two biggest challenges
 - Two biggest successes
- Themed Discussions from Provincial Reports plus
 - Protocol 36 & Other Patient Management Topics



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada



Next COVID-19 Webinar

A National Conversation: Part 4

Thursday, April 16 at 10:30am PT (1:30pm ET)

[Sign up for information and notifications @ www.firstwatch.net/hi](http://www.firstwatch.net/hi)

In association with

**FIRST
WATCH®**
Helping the Helpers



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada



Q&A and Thank You

eid@ParamedicChiefs.ca

Kyle Sereda – ksereda@moosejawems.ca

Darren Sandbeck – Darren.Sandbeck@albertahealthservices.ca

Todd Stout – tstout@firstwatch.net

In association with

**FIRST
WATCH**
Helping the Helpers