

Chefs Paramédics du Canada



15th COVID-19 Webinar "EMS Performance in Times of COVID-19: Montreal Experience"

We're taking a virtual role call today for those on the WebEx. If you're viewing this in a group, please use the "Chat" window on the right to enter your: Name, Agency Name, and **# of people** joining from your location. *Please send chat messages to "All Panelists"*

In association with



This session will be recorded, and a link sent out to attendees.



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Facilitator:



Kyle Sereda Chief Moose Jaw & District EMS ksereda@moosejawems.ca

In association with



Guest Speakers:



Paramedic Chiefs of Canada

Chefs Paramédics du Canada



Eddy Afram

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Paramedic Chiefs of Canada COVID-19 "Coronavirus" International Teleconference



Paramedic Chiefs of Canada

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Webinars are now held once a month Next COVID-19 Webinar

September date to be announced soon 10:30am PT (1:30pm ET)

Sign up for information and notifications @ www.firstwatch.net/hi

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Please mute your phone

 All attendees are automatically muted by WebEx, but we recommend muting your phone on your end, as sometimes we unmute everyone on the WebEx side to anyone who wants to speak, and if you have background noise it will limit everyone's ability to share.

Thank You!



Agenda:

- Purpose & Rules of Engagement
- COVID-19 Situation Update
- Guest Speaker Discussion
- Q&A (if time allows)



Purpose and Rules of Engagement

- Share solutions regarding specific challenges posed by COVID-19
- Session will conclude after 60 minutes
- Session materials can be sent to eid@ParamedicChiefs.ca for posting on Paramedic Chiefs of Canada website

Please keep your comments brief



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COVID-19 Situation Update



Silvia Verdugo, MD, MPH Medical Director FirstWatch sverdugo@firstwatch.net

Health Intelligence Resource www.firstwatch.net/hi









Deaths - 775,893





COVID-19 Situation Update



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Number of confirmed COVID-19 reported in last 7 days



COVID-19 Situation Update



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Number of confirmed COVID-19 reported in last 7 days



COVID-19 Situation Update



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Number of confirmed COVID-19 cases by Region by week





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COVID-19 Situation Update



Pam Farber, RN, EMT-P Public Health Advisor, **FirstWatch** pfarber@firstwatch.net

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COVID Transmission



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How? Studies suggest a layered approach:

- Full PPE when on ALL calls:
 - N95 or better, closed Face Shields or Goggles, Gloves, Gown/Tyvek Jumpsuit
 - LOTS of reports of all types of calls (trauma, medical, other) being positive for COVID – unexpectedly
- Less PPE in Quarters but still worn/done:
 - Surgical/Procedure Masks & Social Distancing
 - Hallways & Rec Rooms, Dining Areas, Dorms
- Even Less at home but consider:
 - Masks to protect everyone, shower & change clothes, wash hands frequently

ALWAYS MONITOR FOR SYMPTOMS

More Work Mitigation



When EMS or Fire in close quarters/living areas, when at all possible:

- Move beds at least 2 meters apart (if someone is using a CPAP device, a separate room for them is ideal)
- Dining chairs should also be moved to a 2 meter distance if possible since masks will be off; consider outside dining
- There should be NO sharing of glassware, utensils, food, personal toiletries or linens/towels; dishes should be sanitized
- All HVAC/Heating filters should be changed more often than normally. High Efficiency Filters would be best.
- Air purifiers can be added to dorms, dining, or other areas where masks will not be worn

Proper Masking



1. Pick/Suggest the "proper mask"

- a) Multi-layered (at least 3 cotton or cotton/polyester layers; can be
 2 if a filter pocket & filter (HEPA, Coffee, or similar filters)
- b) Fit to face; can use small o-rings to shorten ear loops, adjustable nose piece, cloth chin piece, gathers to fit
- c) Covers nostrils and nares, even when speaking, singing, etc.

2. Shouldn't have or be:

- a) An exhaust valve (only wearer protected)
- b) All polyester or loose weave fabrics
- A Gaiter (stretchy covering pulled from the neck) or Bandana
 The last are actually worse than nothing, per the UNC-CH study,
 because they aerosolize larger droplets into small ones

Share the News & Data



Controlling this disease is too important to wait for everyone to catch up. That includes family, friends, co-workers, acquaintances, & strangers not doing the right thing

Some individuals need to know someone who was very ill with COVID, or worse, to believe it's a REAL threat & be willing to wear a mask, social distance, or use other mitigation.

Share what you know with them. Show them how they can make a difference.

Pertinent Links



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EMS World – Video of EMS State Medical Director on COVID Concepts: https://www.emsworld.com/video/1224568/masks-age-covid-19-clearingconfusion

AAAS – Science Advances – Efficacy of Masks with Breathing (UNC-CH): <u>https://advances.sciencemag.org/content/early/2020/08/07/sciadv.abd3083</u>

Infographic of IAFF Recommendations for Masking in the Station/at Home: <u>https://www.iaff.org/wp-content/uploads/COVID-19-Reducing-Potential-</u> <u>Exposure-at-Fire-Stations.pdf</u>

More posted with the Webinar recording when it is sent out!



FirstWatch SitRep:



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Todd Stout

- Volume down for most agencies except those hardest hit
- More pronounced Weekend dips in COVID call volume

Sign up for information and notifications at <u>www.firstwatch.net/hi</u>



COVID-19 Monitoring

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Recent COVID Volume



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Since the July 23rd PCC COVID-19 webinar

FirstWatch Covid-19 Combo Time Series

Graphs represent in gueue, active or completed calls between the hours of 7/23/2020 and 8/19/2020 11:59:59 PM 💽







Longer COVID Picture



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Since March 1st

FirstWatch Covid-19 Combo Time Series

Graphs represent in queue, active or completed calls between the hours of 3/1/2020 and 8/19/2020 11:59:59 PM 💽





All Patient Volume



Overall Patients Per Week



Guest Speakers:



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EMS Performance in Times of COVID-19: Montreal Experience

Asking Questions



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Q&A and Thank You eid@ParamedicChiefs.ca

Kyle Sereda – <u>ksereda@moosejawems.ca</u>

Todd Stout – <u>tstout@firstwatch.net</u>

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