

## Paramedic Chiefs of Canada 16<sup>th</sup> COVID-19 Webinar – Links & Resources

Canadian Television News (CTV) put out a news interview on 9/22 about concerns explaining why they are very concerned about the escalating COVID cases (a second wave?) and the start of Flu season. Since ER and EMS activity are often directly related (turnover at the ED, supply chain integrity, etc.), what they are worried about is likely something we in EMS need to consider too:

<https://www.ctvnews.ca/health/coronavirus/emergency-physicians-worry-combination-of-covid-19-and-flu-season-will-overwhelm-system-1.5116092>

CTV also has another link to a report about attempting to distinguish between COVID-19, Seasonal Influenza, colds and allergies for the upcoming season:

<https://www.ctvnews.ca/health/coronavirus/covid-19-flu-cold-or-seasonal-allergies-how-to-tell-the-difference-between-symptoms-1.5114356>

JAMA, Journal of the American Medical Association lays out the possibilities & probabilities of what happens when COVID-19 & Flu Collide and possible mitigations:

<https://jamanetwork.com/journals/jama/fullarticle/2769835>

IPAC, Infection Prevention and Control Canada, provides comprehensive information on seasonal influenza, different flu viruses and strains, novel flu viruses, and pandemic influenza. Much of the Pandemic Influenza concepts are very applicable to other pandemics such as COVID-19, caused by SARS-CoV-2:

<https://ipac-canada.org/influenza-resources.php>

PHAC, Public Health Canada, also provides a framework for Pandemic Preparedness which is applicable to the current situation:

<https://www.canada.ca/en/public-health/services/flu-influenza/canadian-pandemic-influenza-preparedness-planning-guidance-health-sector/prevention-and-control-of-influenza-during-a-pandemic-for-all-healthcare-settings.html>

CanadiEM provides an infographic that reminds EMS & 1<sup>st</sup> Responders of principles of protection & care for COVID-19 but also applies to what also may be influenza and/or other circulating respiratory viruses in the midst of COVID:

<https://canadiem.org/covid-19-guidance-for-ems-and-first-responders/>

<https://canadiem.org/recommendations-for-covid-19-intubation-an-infographic/>

Journal of Clinical Infectious Diseases lays out a plan for systematic testing for influenza & COVID-19 among patients with respiratory illness to define care:

<https://academic.oup.com/cid/advance-article/doi/10.1093/cid/ciaa1023/5873821>

Leger, an International Polling Agency, provides a pertinent set of polls in this link that discuss COVID-19 Pandemic-related issues. COVID-related sections include the 3<sup>rd</sup> Wearing Masks, 4<sup>th</sup> Second Wave of COVID-19, 5<sup>th</sup> Stress & Mental Health in the Crisis, 6<sup>th</sup> Fear & Spread of the Virus, and 7<sup>th</sup> Satisfaction with the Governments During the Virus:

<https://leger360.com/surveys/legers-weekly-survey-september-22-2020/>