

## Seasonal Influenza (Flu) Resources for the 2022 & 2023 Season

### United States:

CDC Seasonal Flu Home Page:

<https://www.cdc.gov/flu/season/index.html>

CDC Influenza Home Page including All Types of Flu; Not Just Seasonal:

<https://www.cdc.gov/flu/>

CDC Flu Facts: <https://www.cdc.gov/flu/about/keyfacts.htm>

Explanation of CDC Seasonal Flu Surveillance including Breakdown of 10 US Regions: <http://www.cdc.gov/flu/weekly/overview.htm>

CDC Seasonal Flu Prevention Strategies in Healthcare Settings & for HCWs:

<https://www.cdc.gov/flu/professionals/infectioncontrol/healthcaresettings.htm>

CDC Weekly Flu Update (Current, Week Ending 10/29/22):

<http://www.cdc.gov/flu/weekly/>

The CDC Provides an Interactive U.S. Map Linking to Each State's Public Health Authorities: <https://www.cdc.gov/flu/weekly/usmap.htm>

CDC Weekly Flu Interactive (data & statistics):

<http://www.cdc.gov/flu/weekly/fluviewinteractive.htm>

Site where health care professionals can report disease clusters and outbreaks; Flu & other diseases: <http://www.healthmap.org/en/>

Site where people that have signed up for an app, on a weekly basis for 52 weeks/year, report Flu-like symptoms by zip code. They are reported that way too. Reading the FAQs gives a good overview: <https://flunearyou.org/#/>

### Canada:

Infection Prevention and Control (IPAC) -- Influenza Resources:

<https://ipac-canada.org/influenza-resources>

Public Health Agency of Canada (PHAC) – Flu for Health Professionals:

<https://www.canada.ca/en/public-health/services/diseases/flu-influenza/health-professionals.html>

**PHAC-- Home Page for Information on Flu:**

<https://www.canada.ca/en/public-health/services/diseases/flu-influenza.html>

**PHAC -- Home (Index) Page for Flu Surveillance with Links to the Program & the Reports:** <http://www.phac-aspc.gc.ca/fluwatch/>

**PHAC – Detailed Information on How the Flu Watch Surveillance Program Works:**  
<https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/about-fluwatch.html>

**PHAC/NACI: 2022-2023 Seasonal Flu Immunization Statement & Guide:**  
<https://www.canada.ca/en/public-health/services/publications/vaccines-immunization/canadian-immunization-guide-statement-seasonal-influenza-vaccine-2022-2023.html>

**PHAC – Provides Flu Watch Summary with Link to Full Influenza Reports:**  
<https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-influenza-reports.html>

**PHAC – 2022-23 Seasonal Flu Links to Full Reports with Map**  
<https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-reports-2022-2023-season.html>

**PHAC – Interactive Influenza/Influenza Like Illness (ILI) Map:**  
<https://search.open.canada.ca/openmap/86d9a54d-f3b8-474b-853c-cb1a0f4 addedd0d>

**List of Flu Weeks with Dates for the 2022-2023 Influenza Season:**  
<https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/fluwatch-weeks-calendar.html>

**PHAC Site that Explains How to Become a Canadian Flu Watcher:**  
<https://www.canada.ca/en/public-health/services/diseases/flu-influenza/fluwatcher.html>

**Europe:**

**European Weekly Flu Summary:**  
<http://flunewseurope.org/>

**Public Health England Flu Summary:**  
<https://www.gov.uk/government/statistics/weekly-national-flu-reports>

**Global:**

**World Health Organization (WHO) Influenza Home Page for Surveillance & Monitoring:**

**<https://www.who.int/teams/global-influenza-programme/surveillance-and-monitoring>**

**WHO Link to Weekly Flu Summary:**

**<https://www.who.int/teams/global-influenza-programme/surveillance-and-monitoring/influenza-updates>**